

NH DEPARTMENT OF CORRECTIONS POLICY AND PROCEDURE DIRECTIVE	CHAPTER <u>Health Services</u> STATEMENT NUMBER <u>6.29</u>
SUBJECT: <b>HEALTH EDUCATION</b>	EFFECTIVE DATE <u>05/15/04</u> REVIEW DATE <u>07/15/05</u> SUPERSEDES PPD# <u>6.29</u> DATED <u>09/01/02</u>
ISSUING OFFICER:          <u>Mrs. Les Dolecal, Acting Commissioner</u>	DIRECTOR'S INITIALS _____  APPENDIX ATTACHED: YES _____ NO _____
REFERENCE NO: See reference section on last page of PPD.	

- I. **PURPOSE:**  
To ensure that a continuing program of health education is provided to inmates of all departmental facilities.
- II. **APPLICABILITY:**  
To all inmates and staff.
- III. **POLICY:**  
It is the policy of the Department of Corrections to provide a program of health education for inmates. Specific areas will be instructed by or sponsored by Education, Mental Health, Medical/Dental, Dietitian, and Recreation.
- IV. **PROCEDURE:**
- A. Through regular staff meetings and discussion with inmates, program staff will assess the health education needs of inmates. Inmates will be offered the following topics in either individual or group formats as appropriate:
    1. AIDS or other sexually transmitted diseases;
    2. Stress reduction programs;
    3. Drug and alcohol awareness;
    4. Nutrition;
    5. Dental hygiene;
    6. Physical fitness.
  - B. Bureau chiefs will include health education programs in biennial planning budgets.

## REFERENCES:

Standards for the Administration of Correctional Agencies  
Second Edition. Standards

Standards for Adult Correctional Institutions  
Fourth Edition. Standards  
**4-4361**

Standards for Adult Community Residential Services  
Fourth Edition. Standards  
**4-ACRS-5A-10**

Standards for Adult Probation and Parole Field Services  
Third Edition. Standards

Other

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